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8 UNITED STATES DISTRICT COURT  
9 CENTRAL DISTRICT OF CALIFORNIA

10 ERIC T. ORTEGA, ) Case No. CV 06-4561-OP  
11 Plaintiff, )  
12 vs. ) MEMORANDUM OPINION AND  
13 MICHAEL J. ASTRUE,<sup>1</sup> ) ORDER  
14 Commissioner of Social Security, )  
15 Defendant. )  
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18 The Court<sup>2</sup> now rules as follows with respect to the disputed issues listed in  
19 the Joint Stipulation (“JS”).<sup>3</sup>  
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22 <sup>1</sup> Michael J. Astrue, who was sworn in as the Commissioner of the Social  
23 Security Administration on February 12, 2007, is substituted as Defendant  
24 pursuant to Rule 25(d) of the Federal Rules of Civil Procedure.

25 <sup>2</sup> Pursuant to 28 U.S.C. § 636(c), the parties consented to proceed before the  
26 United States Magistrate Judge in the current action. (See Dkt. Nos. 8, 21.)

27 <sup>3</sup> As the Court advised the parties in its Case Management Order, the  
28 decision in this case is being made on the basis of the pleadings, the Administrative  
(continued...)

I.

**DISPUTED ISSUES**

As reflected in the Joint Stipulation, the disputed issues which Plaintiff is raising as the grounds for reversal and/or remand are as follows:

- 1) Whether the ALJ properly considered the opinion of the examining physician;
  - 2) Whether the ALJ erred in using the grids; and
  - 3) Whether the ALJ properly evaluated Plaintiff's credibility.
- (JS at 3.)

II.

**STANDARD OF REVIEW**

Under 42 U.S.C. § 405(g), this Court reviews the Commissioner's decision to determine whether the Commissioner's findings are supported by substantial evidence and whether the proper legal standards were applied. DeLorme v. Sullivan, 924 F.2d 841, 846 (9th Cir. 1991). Substantial evidence means "more than a mere scintilla" but less than a preponderance. Richardson v. Perales, 402 U.S. 389, 401, 91 S. Ct. 1420, 28 L. Ed. 2d 842 (1971); Desrosiers v. Sec'y of Health & Human Servs., 846 F.2d 573, 575-76 (9th Cir. 1988). Substantial evidence is "such relevant evidence as a reasonable mind might accept as adequate to support a conclusion." Richardson, 402 U.S. at 401 (citation omitted). The Court must review the record as a whole and consider adverse as well as supporting evidence. Green v. Heckler, 803 F.2d 528, 529-30 (9th Cir. 1986). Where evidence is susceptible of more than one rational interpretation, the Commissioner's decision must be upheld. Gallant v. Heckler, 753 F.2d 1450,

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<sup>3</sup>(...continued)

Record, and the Joint Stipulation filed by the parties. In accordance with Rule 12(c) of the Federal Rules of Civil Procedure, the Court has determined which party is entitled to judgment under the standards set forth in 42 U.S.C. § 405(g).

1 1452 (9th Cir. 1984).

### 2 III.

### 3 DISCUSSION

#### 4 A. The ALJ Properly Considered the Opinion of the Examining 5 Physician.

6 On April 21, 2004, Dr. Harrell Reznick, Ph.D., an examining psychologist,  
7 examined Plaintiff and stated that he would experience moderate limitations in his  
8 ability to interact with others in the workplace. (Administrative Record (“AR”) at  
9 172-77.) Plaintiff contends the ALJ failed to articulate specific and legitimate  
10 reasons for rejecting Dr. Reznick’s limitation regarding interactions with others at  
11 work and failed to recognize the existence of these functional limitations. (JS at  
12 5.) The Court does not agree that there was error.

13 After reviewing the evidence of record, the ALJ determined that Plaintiff  
14 suffered from the severe impairments of a learning disability and degenerative  
15 lumbar disc disease with spondylosis. (AR at 18.) She also determined that  
16 Plaintiff had the residual functional capacity (“RFC”) to lift, push, pull, and/or  
17 carry up to twenty pounds occasionally and ten pounds frequently; sit without  
18 restriction; stand/walk for up to six hours per work day; and perform no more  
19 than simple, repetitive tasks. (*Id.*) She concluded, therefore, that Plaintiff could  
20 perform unskilled light exertional-level work. (*Id.*)

21 The law is well established in the Ninth Circuit that to reject the  
22 uncontradicted opinion of an examining physician, an ALJ must provide “clear  
23 and convincing” reasons. Even if contradicted by another doctor, the opinion of  
24 an examining doctor can only be rejected for “specific and legitimate” reasons  
25 that are supported by substantial evidence in the record. *Regennitter v. Comm’r*  
26 *of Soc. Sec. Admin.*, 166 F.3d 1294, 1298-99 (9th Cir. 1999); *Lester v. Chater*, 81  
27 F.3d 821, 830-31 (9th Cir. 1995).

28 In this case, Dr. Reznick opined that Plaintiff would experience “mild to

1 moderate difficulties tolerating ordinary work pressures and moderate difficulties  
2 interacting with others in the work place. He would have moderate to marked  
3 difficulties interacting with the general public in a work setting.” (AR at 177.)

4 Despite these stated limitations, however, Dr. Reznick also stated that:

5 [Plaintiff] would be able to perform simple and repetitive tasks with  
6 minimal supervision. He would be able to perform these tasks with  
7 appropriate persistence and pace over a normal work cycle. [He] would  
8 be able to understand, remember, and carry out at least simple to  
9 moderately complex verbal instructions. He would also be able to  
10 adapt in a satisfactory manner to at least minor to moderate variations  
11 in work routine.

12 (Id.)

13 The State Agency psychiatrist, Dr. Stone, also assessed Plaintiff’s  
14 functioning. Dr. Stone also opined that Plaintiff had a mild degree of limitation  
15 in maintaining social functioning and was moderately limited in interacting  
16 appropriately with the general public. (Id. at 208, 211.) He concluded that  
17 Plaintiff was capable of performing “simple tasks away from general public.” (Id.  
18 at 212.) Dr. Gaines, the examining psychologist, did not diagnose any psychiatric  
19 disorder at all, noting instead “Mild Mental Retardation.” (Id. at 220.) Dr.  
20 Gaines did not give any specific opinion as to any functional limitations. He did  
21 state that Plaintiff would benefit from independent living skills counseling. (Id.)  
22 No physician, including Dr. Reznick, found an unqualifiedly marked limitation in  
23 any area of mental functioning.

24 Where, as here, there is evidence of a mental impairment that allegedly  
25 prevents a claimant from working, the Commissioner must supplement the  
26 five-step sequential evaluation process with additional regulations dealing  
27 specifically with mental impairments. Maier v. Comm’r of Soc. Sec. Admin., 154  
28 F.3d 913, 914 (9th Cir.1998) (per curiam). Specifically, the ALJ must determine

1 whether the severity of the claimant's functional limitations are incompatible with  
2 the ability to work by ranking the severity of the claimant's deficiencies (none;  
3 slight; moderate; marked; extreme) in three different categories (daily living;  
4 social functioning; concentration, persistence, or pace), and indicate the number  
5 of episodes of decompensation (none; one or two; three; four or more). 20 C.F.R.  
6 § 416.920a. Generally, if the claimant's mental impairment meets part A of a  
7 specific listing and the ALJ finds that a claimant's functional limitations are at the  
8 extreme or marked level in two of the four categories, then the claimant meets or  
9 exceeds the listing. See, e.g., 20 C.F.R. pt. 404, subpt. P, app. 1, § 12.03(B). The  
10 functional limitations are not an RFC assessment, but only are used to assess the  
11 severity of a claimant's alleged mental impairment. See Social Security Ruling  
12 96-8p, 61 Fed. Reg. 34,474, 34,477 (1996) ("[T]he limitations identified [in the  
13 PRTF] are not an RFC assessment but are used to rate the severity of mental  
14 impairment(s) at steps 2 and 3 of the sequential evaluation process.") (emphasis  
15 added).

16 Consistent with the opinions of Dr. Reznick, Dr. Gaines, and Dr. Stone  
17 regarding Plaintiff's social functioning, the ALJ specifically found that Plaintiff's  
18 "mental impairment is 'severe' because it results in moderate functional  
19 limitations under the regulatory 'technique' (20 CFR 404.1520a; 20 CFR  
20 416.920a)." (AR at 15.) She also found, consistent with these opinions, that  
21 Plaintiff's "nonexertional limitations have no more than a minimal effect on the  
22 unskilled light exertional-level job base (SSR 83-10)." (Id. at 17.) She concluded  
23 that Plaintiff could perform simple, repetitive unskilled<sup>4</sup> tasks at the light level.  
24 (Id. at 18.) The ALJ's conclusions do not constitute a rejection of Dr. Reznick's  
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27 <sup>4</sup> Unskilled work is work which needs little or no judgment to do simple  
28 duties that can be learned on the job in a short period of time. 20 C.F.R. §  
416.968(a).

1 findings.

2 Based on the foregoing, the Court does not agree with Plaintiff that the ALJ  
3 failed to acknowledge the existence of Dr. Reznick's opinions or that she rejected  
4 those opinions. Thus, there was no error.

5 **B. The ALJ's Use of the Grid Was Not Error.**

6 Plaintiff contends the ALJ improperly relied solely on the grids in making  
7 her step five determination, and it was error not to take testimony from a  
8 vocational expert regarding the impact of Plaintiff's nonexertional limitations on  
9 his ability to work. (JS at 4.) The Court does not agree.

10 It is well established that the ALJ may rely upon either the testimony of a  
11 vocational expert or by reference to the Guidelines to determine whether a  
12 plaintiff can perform work in significant numbers in the national economy.  
13 Tackett v. Apfel, 180 F.3d 1094, 1101 (9th Cir. 1999) (citing Desrosiers v. Sec'y  
14 of Health and Human Servs., 846 F.2d 573, 577-78) (Pregerson, J., concurring)  
15 (9th Cir. 1988)). The Guidelines consist of tables, commonly referred to as  
16 "grids," that provide a "short-hand method for determining the availability and  
17 numbers of suitable jobs for a claimant." 20 C.F.R. § 404, subpt. P, app. 2;  
18 Tackett, 180 F.3d at 1101. The ALJ may rely solely on the Guidelines when the  
19 relevant grid "completely and accurately represent[s] a claimant's limitations. . . .  
20 In other words, a claimant must be able to perform the full range of jobs in a  
21 given category, i.e., sedentary work, light work or medium work." Tackett, 180  
22 F.3d at 1101. Where a nonexertional limitation is sufficiently severe so as to  
23 significantly limit the range of work permitted by the claimant's exertional  
24 limitation, a vocational expert's testimony is necessary. Hoopai v. Astrue, 499  
25 F.3d 1071, 1076 (9th Cir. 2007) (quoting Burkhart v. Bowen, 856 F.2d 1335,  
26 1340 (9th Cir. 1988)); see also Thomas v. Barnhart, 278 F.3d 948, 960 (9th Cir.  
27 2002); Bruton v. Massanari, 268 F.3d 824, 827 (9th Cir. 2001). Such is not the  
28 case here.

1 Social Security Ruling 83-15<sup>5</sup> defines nonexertional impairments as  
2 follows:

3 Any job requirement which is not exertional is considered  
4 nonexertional. A nonexertional impairment is one which is medically  
5 determinable and causes a nonexertional limitation of function or an  
6 environmental restriction. Nonexertional impairments may or may not  
7 affect a person's capacity to carry out the primary strength  
8 requirements of jobs, and they may or may not significantly narrow the  
9 range of work a person can do.

10 (Soc. Sec. Ruling 83-15.) Consequently, nonexertional limitations limit the  
11 ability to work without directly limiting strength, and include mental, sensory,  
12 postural, manipulative, and environmental limitations. Penny v. Sullivan, 2 F.3d  
13 953, 958 (9th Cir. 1993); 20 C.F.R. § 404.1569a(c). Nonexertional limitations  
14 include difficulty in: functioning because of nervousness, anxiety or depression;  
15 maintaining attention or concentration; understanding instructions; seeing or  
16 hearing; tolerating physical features of a work setting; and manipulative or  
17 postural functions (e.g., reaching, handling, stooping, or crouching). 20 C.F.R.  
18 § 404.1569a (c)(1). The severity of the impairment requiring the use of a  
19 vocational expert at step five is greater than the severity of the impairment  
20 required to find an impairment "severe" at step two of the ALJ's analysis.  
21 Hoopai, 499 F.3d at 1077.

22 Here, as discussed above, the ALJ properly found that Plaintiff's  
23 nonexertional impairments, although severe, resulted only in limiting Plaintiff to  
24 simple, repetitive tasks. (AR at 18.) Otherwise, his capacity for unskilled light  
25 exertional-level work "has not been significantly compromised by his non-

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27 <sup>5</sup> Social Security Rulings are binding on ALJs. Terry v. Sullivan, 903 F.2d  
28 1273, 1275 n.1 (9th Cir. 1990).

1 exertional limitations.” (*Id.*) Thus, Plaintiff’s nonexertional impairment did not  
2 significantly limit the range of work permitted by his exertional limitation, and  
3 reliance on the grids was proper. *Tackett*, 180 F.3d at 1101.

4 Based on the foregoing, the ALJ properly utilized the grids in the  
5 Guidelines to determine that Plaintiff was not disabled. Thus, there was no error.

6 **C. The ALJ Properly Discounted Plaintiff’s Credibility.**

7 The ALJ found that Plaintiff’s “subjective complaints are not credible  
8 except to the extent they are consistent with the residual functional capacity.”  
9 (AR at 18.) Plaintiff contends that the ALJ’s articulated reasons for rejecting  
10 Plaintiff’s testimony regarding his distractibility and inattentiveness are not clear  
11 and convincing. (JS at 13.) Specifically, he contends that the ALJ acknowledged  
12 Plaintiff’s limitations with activities of daily living yet stated she did not fully  
13 believe his allegations of disability because he was able to perform a variety of  
14 activities such as walking four miles, driving a scooter or bike, taking out the  
15 trash, helping with yard work, washing clothes, vacuuming, preparing meals, and  
16 shopping for groceries. (*Id.* at 12; AR at 16.) Plaintiff claims the ALJ’s reliance  
17 on his performance of certain activities of daily living to discredit his testimony is  
18 insufficient. The Court finds no error.

19 An ALJ’s credibility finding must be properly supported by the record and  
20 sufficiently specific to ensure a reviewing court that the ALJ did not arbitrarily  
21 reject a claimant’s subjective testimony. *Bunnell v. Sullivan*, 947 F.2d 341,  
22 345-47 (9th Cir. 1991). In assessing a claimant’s credibility, an ALJ may  
23 properly consider “testimony from physicians . . . concerning the nature, severity,  
24 and effect of the symptoms of which [claimant] complains,” and may properly  
25 rely on inconsistencies between claimant’s testimony and claimant’s conduct and  
26 daily activities. *Thomas*, 278 F.3d at 958-59 (citation omitted). An ALJ also may  
27 consider “[t]he nature, location, onset, duration, frequency, radiation, and  
28 intensity” of any pain or other symptoms; “[p]recipitating and aggravating



1 factors”; “[t]ype, dosage, effectiveness, and adverse side-effects of any  
2 medication”; “[t]reatment, other than medication”; “[f]unctional restrictions”;  
3 “[t]he claimant’s daily activities”; “unexplained, or inadequately explained,  
4 failure to seek treatment or follow a prescribed course of treatment”; and  
5 “ordinary techniques of credibility evaluation,” in assessing the credibility of the  
6 allegedly disabling subjective symptoms. Bunnel, 947 F.2d at 346-47; see also  
7 Soc. Sec. Ruling 96-7p;<sup>6</sup> 20 C.F.R. 404.1529 (2005).

8 Here, the ALJ acknowledged that Plaintiff has the severe impairments of  
9 learning disability and “degenerative lumbar disc disease with spondylosis.” (AR  
10 at 15.) She also provided a number of reasons for discounting Plaintiff’s  
11 credibility regarding his limitations. Based on the objective record, the ALJ  
12 properly concluded that Plaintiff’s daily “activities are consistent with an  
13 individual who can perform basic work activities within the [determined] residual  
14 functional capacity.” (Id. at 16.) Plaintiff’s daily activities, which conflict with  
15 his allegations of disabling back pain and/or his inability to concentrate, are  
16 factors an ALJ may consider when determining whether a plaintiff’s claim of pain  
17 or other symptoms is as constant and as debilitating as claimed. Thomas, 278  
18 F.3d at 958-59; Bunnel, 947 F.2d at 346-47; Orteza v. Shalala, 50 F.3d 748, 750  
19 (9th Cir. 1995) (ALJ may properly rely on claimant’s daily activities).

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21 <sup>6</sup> The Ruling lists factors to be considered such as: 1) the individual’s daily  
22 activities; 2) the location, duration, frequency, and intensity of the individual’s  
23 pain and other symptoms; 3) factors that precipitate and aggravate the symptoms;  
24 4) the type, dosage, effectiveness, and side effects of any medication the individual  
25 takes or has taken to alleviate pain or other symptoms; 5) treatment, other than  
26 medication, the individual receives or has received for relief of pain or other  
27 symptoms; 6) any measures other than treatment the individual uses or has used to  
28 relieve pain or other symptoms (e.g., lying flat on his or her back, standing for 15  
to 20 minutes every hour, or sleeping on a board); and 7) any other factors  
concerning the individual’s functional limitations and restrictions due to pain or  
other symptoms. Soc. Sec. Ruling 96-7p.

1 In addition to discussing the breadth of Plaintiff's daily activities, the ALJ  
2 noted that there is "no objective evidence of treatment for the claimant's back  
3 impairment in the last 3 years." (AR at 16.) Nor did she find any evidence that  
4 Plaintiff received any mental health treatment or is taking any pain medications.  
5 (Id.) The ALJ noted that Plaintiff's treating physician, Dr. Nagelberg,  
6 recommended nothing more than a home and gym exercise program, and  
7 consulting physician, Dr. Ella-Tomayo, opined that he still could stand and/or  
8 walk up to six hours with normal breaks. (Id.) The ALJ discredited the testimony  
9 of Plaintiff's social worker, Ms. Drew, in part because her testimony conflicted  
10 with Dr. Reznick's test scores, and in part because she was an "other" source  
11 whose testimony is not accorded much weight. (Id.) The ALJ noted that the  
12 findings of Dr. Reznick, Dr. Gaines, and the State Agency physician regarding  
13 Plaintiff's mental impairments failed to indicate functional limitations beyond  
14 those she imposed in her residual functional capacity determination. She  
15 restricted Plaintiff to light unskilled work based on the objective evidence in the  
16 record (id. at 15-16) and concluded that she "does not find the claimant's  
17 subjective complaints to be credible, and they do not support the imposition of  
18 additional functional limitations beyond those cited above." (Id. at 17.) In  
19 analyzing credibility, the ALJ may properly rely on conflict between the  
20 claimant's testimony of subjective complaints and objective medical evidence in  
21 the record. Morgan v. Comm'r of Soc. Sec. Admin., 169 F.3d 595, 600 (9th Cir.  
22 1999).

23 Based on the foregoing, the Court finds that the ALJ's adverse credibility  
24 determination was proper because her discussion of Plaintiff's credibility reflects  
25 consideration of the factors set forth in Social Security Ruling 96-7p. Further, the  
26 reasons given were supported by substantial evidence and were sufficiently  
27 specific to permit the Court to conclude that the ALJ did not arbitrarily discredit  
28 Plaintiff's subjective testimony. Thus, there was no error.

IV.

**ORDER**

Based on the foregoing, IT THEREFORE IS ORDERED that Judgment be entered affirming the decision of the Commissioner, and dismissing this action with prejudice.

DATED: May 23, 2008



HONORABLE OSWALD PARADA  
United States Magistrate Judge